

the



2010 Annual Report  
YMCA of Greater Cleveland

*lasting impact*



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Greater Cleveland  
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**2010 Annual Report**

Writing and Editing:  
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Photography:  
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Every day at our branches and through our programs, someone's life is positively impacted by their association with the YMCA of Greater Cleveland.

Our commitment to our mission has created lasting, positive change for children, individuals, older adults, families, and the Northeast Ohio region.

In January, we participated in the go!FIT program with the Cleveland Clinic and other partners, providing Cuyahoga County residents with free, three-month memberships. A total of 7,000 participants entered the program and 1,250 continued on as full-paying members when their three-month membership expired, a lasting impact that is both measurable and inspirational.

The Y's commitment to Youth Development has created lasting impact for Cleveland School District students who have participated in the "We Run This City" Youth Marathon program. The program, which prepares kids to run in the Rite Aid Marathon after 14 weeks of training, has quadrupled since its inception in 2006. Of the 650 students who participated in 2010, 70 percent reported improved body image at program's end and the number of students found to be pre-hypertensive and hypertensive dropped nine percent.

Y-Haven, the Y's transitional housing program that helps homeless men become self-sufficient and live free from drugs and alcohol, had another record year in 2010. Many men were successfully reintegrated into society after receiving counseling, vocational training, permanent housing, and jobs.

Scores of families and individuals were positively impacted in 2010 by the Euclid-Hillcrest Area Family-to-Family Collaborative, which provides support to foster parents and kinship providers and connects individuals and families to services. In 2010, it expanded its service area to include the Euclid-Green area and the cities of Gates Mills, Highland Heights, Lyndhurst, Mayfield Heights, Richmond Heights and South Euclid, serving 243 families.

By providing an all-inclusive environment where no-one is ever turned away for inability to pay; where individuals are pushed to be good sports as much as good athletes; where adults can find a nurturing environment as they maintain and build their physical health; and where families can come together during events structured just for them, the Y has demonstrated its commitment to its mission and provided countless opportunities for lasting impact.

We hope we can count on your support as we continue to create *lasting impact* through our dedication to youth development, healthy living, and social responsibility.

Sincerely,

**Glenn Hale**  
President and Chief Executive Officer

**G. Bretnell Williams**  
Chairman, Board of Directors



**Glenn Hale**



**G. Bretnell Williams**

*Our commitment to our mission has created lasting, positive change.*

# man who lost everything to alcohol abuse gets his life back at Y-Haven

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*By all accounts, Tim Lupton had it all.*

A happy marriage at 27 to his high school sweetheart. A brand new home. Five children. A decent job.

Just 13 short years later, he was sleeping in a cemetery near East Ninth Street in Downtown Cleveland, having lost it all to alcohol abuse.

His early drinking consistently escalated through his 30s. By age 40, after several failed attempts at sobriety at alcohol treatment centers, he wound up divorced, penniless, and relying on the kindness of strangers to survive.

A restaurant employee who befriended him would feed him and let him wash up at the restaurant. Another allowed him to sleep in an alleyway garage close to Progressive field and escape the elements.

The crowds from the ball field and the chiming of the bells from St. John the Divine Cathedral haunted Lupton, reminding him of everything he'd lost.

Lupton would binge and black out for days. He was beat up, mugged, shot at, and wound up with a broken neck, walking around the streets of Cleveland.

After undergoing surgery at Huron Hospital, his sister placed him in a Westlake nursing home for extended care.

Even that was not enough to cause Lupton to sober up. Instead, he signed himself out, hopped

a bus Downtown, threw the neck brace in the trash, and “went right back to what I was doing.”

Says Tim, “I had lost all respect for myself. I (literally) hated myself.” But he couldn't seem to stop.

An arrest followed for stealing his ex-wife's purse. In lieu of a conviction, his friend took Lupton to Y-Haven on Woodland Avenue, a program that provides homeless men with transitional housing, recovery services, treatment for mental illness, educational training, vocational services and assistance with permanent housing placement.

Two programs in the city of Cleveland have the capacity to serve 133 homeless men. While residents may be self-referred, most of the referrals come from the city of Cleveland's Lakeside Emergency Men's Shelter.

Y-Haven offers a continuum of care beginning with primary treatment for drug/alcohol dependency. When residents graduate from the primary counseling phase, their case managers focus their treatment plan on continuing care, relapse prevention, and appropriate education and training programs. The final phase of the treatment plan is finding suitable permanent housing for Y-Haven residents.

By the time Lupton ended up at Y-Haven he was 46-years-old. He felt he had finally hit rock bottom.

“I started to get it,” he said.

“I remember that I was on my knees in my room one day (shortly after I was admitted to the program). I had nothing – I was nothing. But at Y-Haven, I felt a sense of being home. I surrendered.”

It was then that he started grasping the spiritual

△ Bruce Shagovac of the Y-Haven program staff (foreground) with Y-Haven graduate Tim Lupton.





△ *Tim Lupton leans up against a building in the alleyway of his past.*

aspects of the program. “When I first got there, I was a loner,” he said. Soon, he started coming with other Y-Haven residents to the Downtown YMCA at 22nd Street and Prospect Avenue to work out.

“Then my confidence started coming back,” he said with a smile.

“Y-Haven changed my outlook. Along with the YMCA, it changed everything about me.”

He continued in the program. His ex-wife would periodically bring his children – now ages 8 to 20 – to visit him. That, he said, was tremendously helpful in his continuing recovery.

The effects of his alcoholism have taken a great toll on his family, and Lupton regrets that

terribly, he said. But today, he continues to make great progress.

“I realize I was at the bottom,” he said. “I had to start over.” He is back living in the house with his ex-wife, and his children. They aren’t there yet, but he hopes to one day eventually be remarried.

His family has become involved in Al-Anon and Al-A-Teen. Lupton has successfully completed the two-year Y-Haven program.

“My priority is my sobriety,” he said proudly. On January 4, Lupton celebrated his second anniversary of being sober. This past February 7 was his third birthday being sober.

“Y-Haven truly saved my life,” he said.







*△ Barbara Watkins (left), participates in the free Diabetes Prevention and Education program at the Southeast Family YMCA branch in Bedford. With her is Program Coordinator Josie Klimas.*

The lasting impact of the Diabetes Education program is evident when Barbara talks about how she feels.

“The program is a wonderful thing,” says Barbara. “So many of us don’t have the opportunity to do something like this and learn how to manage the condition.

“It’s a great opportunity to learn what you need to do to prevent amputation, blindness and other side effects of diabetes. And it’s a great opportunity for non-YMCA members to learn about the disease and then start with a membership.”





## Y scholarships have the power to generate lasting impact



△ *Angel Lozada*

Just ask Angel Lozada, 41, a single father of three – Angel Gabriel, 18; Emily, 14 and Clarissa, 13.

He joined the Downtown YMCA in early 2010 when he got an e-mail about the go!FIT program, a partnership with the Cleveland Clinic which provided residents of Cuyahoga County with free YMCA memberships for three months.

Lozada, a construction worker, was unemployed at the time.

“I said, ‘Why not?’ It’s free.”

After the three-month period ended, Lozada was hooked on the Y, but remained unemployed, and couldn’t afford to pay for a monthly membership.

Scholarship assistance was provided, and today he remains a frequent user of the Downtown Y.

“My favorite thing about coming is the old timers,” he said of the many longtime Downtown Y members. “They are the real attraction. You can’t get this network of people anywhere else in the city of Cleveland.”

Lozada said the scholarship forced him to “make a commitment to himself.”

“It makes me accountable,” he said. “It’s given me an awareness of living a more healthy lifestyle, and has taught me how I can get the best out of my body.”

Lozada favors the treadmill and the steamroom at the Downtown Y.

“The treadmill is the ice cream, and the steam room is the cherry on top,” he said.

Frequenting the Downtown Y has also resulted in a collaboration of sorts.

Lozada is starting a program for Hispanic youth which he calls Yo Soy.

“Yo Soy is Spanish for I am,” he said. “I am accountable. I am my brother’s keeper. I don’t want kids to end up where I ended up – running the streets.”

The program, which also focuses on academic achievement, community service, character development, self commitment and spiritual growth, will use the Downtown Y Teen Center for its meetings.

Lozada wants to use the program to help build awareness for the Union trades. Right now it is in three Cleveland Municipal School District buildings on the west side: Max Hayes, Lincoln West, and Cleveland Central Catholic High Schools.



## former NBA great comes full circle in his relationship with the Y



△ *Bradley Sellers*

Warrensville Heights Economic Development Director Bradley Sellers has had a strong connection to the Greater Cleveland YMCA since he was a kid.

The seven foot tall power forward center from Ohio State University who was selected by the Chicago Bulls in the first round – he was ninth pick overall – in the 1986 NBA draft, grew up playing basketball at the old Glenville Y.

Today, Sellers is among those spearheading the construction of a brand new state-of-the-art YMCA branch slated to open in Warrensville Heights in 2012.

“This partnership (between the city and the Greater Cleveland YMCA) brings me full circle,” Sellers said. “It’s the proverbial win-win situation for everyone.”

Groundbreaking on the brand new Warrensville Heights

Family YMCA will take place May 2, and the facility will be located adjacent to an equally brand new branch of the Cuyahoga County Public Library on Northfield Road.

“I really like the Y’s ability to elevate the quality of life for everyone. This is something my community really needs. We bought the piece of property (that will house the new Y) in 2002. It’s at the epicenter of the community,” Sellers said.

“I can’t wait until this thing is delivered. It will be the realization of a ten-year dream,” said Sellers who retired from the NBA in 1993 and played overseas until 2000, when he joined the Warrensville Heights city administration.

“It will be a home away from home, and will give the kids in our community a place to go.”

## the Y still providing adventure for north royalton mayor

Robert Stefanik was about six-years-old when he went on his first campout with the YMCA Indian Guides, now known as the Adventure Guides.

The Father-Son events run through the old Brooklyn YMCA on Pearl Road created such a tight knit bond with his father and brother that the trio still talk about them a half-century later.

“It was just plain fun, getting out there, cooking our own food outside,” Stefanik said with a smile. He gets together regularly with his Father, Andrew, 79, and brother, Dave, to reminisce.

These days, the rest of Stefanik’s family still live in the Old Brooklyn community.

Stefanik is now the Mayor of North Royalton, and the Adventure Guides program continues to go strong.

YMCA Adventure Guides/Princesses is a parent-child program designed to help foster a lifetime of understanding and companionship and to strengthen the relationship between children and parents. As “Y Guides” and “Y Explorers,” parents and kids explore adventures in fun, learning and mutual understanding.

His love of the Y continues today, in a different vein.

He – and his administration – are partnering with the YMCA of Greater Cleveland to renovate the former Avalon Event Center on State Road, and turn it into the new North Royalton Family YMCA. Groundbreaking is set for May 6.

“It (a new Y) has been the missing puzzle piece for North Royalton,” he said. “I’m really excited about it, as is everyone I talk to. It’s been one of my (personal) goals since I took office.”



△ *Robert Stefanik*

## sister mary joan grisez: Y membership helps her hit a continuous high note



### *A gift of health.*

Twelve years ago, a parishioner at St. Ladislav Catholic Church gifted Sister Mary Joan Grisez, O.S.U., with a membership to the YMCA of Greater Cleveland.

Sister Mary Joan had just had major heart surgery to repair a congenital defect.

She has used the Y membership almost every day for the past dozen years, visiting the West Shore Family YMCA on Columbia Road to do exercise and water aerobics.

“I can truly say the Y saved my life,” she said.

“Working in a parish means that one is there long hours in the evening. Because of the energy I get in the morning with almost a daily workout, I have the stamina to work long hours, conducting rehearsals for four choirs, 14 cantors and an assortment of instrumental players. Music takes a lot of energy and musicians need a lot of care,” Grisez said. “The stress factor is often very high as the demands are many.”

“Recently, we received the gift of a new organ. In the midst of a busy day, I still have energy to

spend extra time at the organ. It is great having so much energy. That’s all because of the Y.”

Grisez, 71, earned a music education degree at Cleveland State University, and for 30 years taught music at Regina High School, the exclusive Beaumont School for Girls, and Villa Angela-St. Joseph High Schools before being assigned to St. Ladislaus, where she has served as music director for the past 17 years.

She began playing the piano by ear at age 4, picking up what her then 8-year-old sister was playing.

“I used to have to sit on a telephone book to play,” she recalled with a laugh.

Her philosophy toward her career is the same as toward her daily visits to the Y.

“I kind of do my own thing,” she said. “To me, because I am creative, that’s just an added benefit.”

She has no plans to stop doing what she’s doing.

“I just love music, and the people are wonderful,” she said of the many musicians and parishioners she deals with daily.

She echoes those sentiments about the Y.

“I just love it here. It really is like a family. I have watched your kindness to older people, and have found so much here to be life giving.”

△ Sister Mary Joan Grisez, O.S.U.



△ *Leading the choirs at St. Ladislav Catholic Church is a passion for Sister Mary Joan Grisez.*

## regular exercise keeps “the lunch bunch” young at heart



### *They call themselves “The Lunch Bunch.”*

The premise behind their tightly knit group is simple: They all gather once a month, after Jeanne Sutyak’s “Fitness After 50” class at the Ridgewood Family YMCA, and head off to lunch together.

Meet Dora Bublo, 85 of North Royalton; Mary Jane Shamrock, 84, of Seven Hills; Gloria McManus, 81, of Parma; Pat Werle, 88, of Broadview Heights, and Joan Gasior, 89, of Strongsville.

All of them have been exercising with Sutyak for 27 consecutive years, with the exception of McManus, who has been with the group for 15 years. They come to the Ridgewood Y three times a week at 11 a.m. on Mondays, Wednesdays and Fridays.

The group began when the YMCA offered classes at Fay Junior High School on State Road, which is now the Parma Community General Hospital Health Education Center. The group moved to the Ridgewood Y in the early 1990’s.

“These women have gone through all the stages of my life with me,” said Sutyak. “They’ve watched me raise my children, been with me through weddings, graduations, and the birth of all six of my grandchildren...all the stuff of life. I always hung around with my Mom (who passed away two years ago on Christmas Eve). I’ve always hung around with older people, and these women are like my extended family. When I am with them, I feel like I am with all my Moms. I feel very loved here.”

It is Sutyak – known for her energy, enthusiasm, and bubbly personality – along with the

programs of their local YMCA that all five women say keeps them coming back week after week, and year after year. Along the way, strong bonds of friendship have developed.

Gasior, who lives in a nearby retirement community, summed it up best.

“You have to be involved with people. I need people in my life. And I want to see people every day and talk to them.”

She also “loves to get out.” Gasior travels alone frequently – yes, at age 89 – to visit her children, who all live out of state. Her daughters reside in Houston, Chicago and Philadelphia. She’s had knee and hip replacements and her regular exercise regimen keeps her going strong.

“We’re all staying healthy,” she said with a big smile. “We’re all widows – the merry widows. This is the biggest part of our life.”

Shamrock, who has had multiple bouts with different types of cancer, says the regular classes and her friends have helped her stay well.

“It’s fun to come here,” she said. “It’s not work. I come back after every operation and it helps. We really do like each other.”

According to Werle, her routine “makes her feel young.”

“I used to golf and ski until about five years ago,” she said. “I never broke anything and I didn’t want to start.”

For McManus, the results have paid off in a very tangible way.

“When I started, I had (severe) arthritis in my knees. They used to swell (and I had difficulty walking). Now, it’s gone. I feel great.”





△ Longtime friends (from left) Gloria McManus, Mary Jane Shamrock, Joan Gasior and Jeanne Sutyak (standing), Pat Werle and Dora Bublo say the Ridgewood Family YMCA is the most important part of their lives as active older adults.

They all agree on one thing. Sutyak and the Y have really made a lasting impact on their lives.

“Jeannie’s a big draw here,” said Gasior. “We just love her.”

They all agree that *the Y* has made a *lasting impact* on their lives.



## pedal power: Y bike club schools inner city kids in bicycle safety



### *Fighting childhood obesity with cycling.*

There's a Greater Cleveland Y program aiding children in Cleveland's Central neighborhood, which

is an off-shoot of the popular We Run This City Youth Marathon Program (WRTC). It's called the Central Bike Club.

The club began last August 1, and ran through September 2010. It included 25 kids ages 12–14 in (grades 6–8). It will continue again this summer.

Most hail from Marion Sterling Elementary School and the Central Recreation Center, according to WRTC Program Director Tara Taylor.

Participants in the program get a free refurbished bicycle, free bike helmet and free bike lock, courtesy of the Ohio City Bike Co-Op. Participants take part in bicycle safety classes and a bicycle rodeo, as well as weekly “ride-offs” in and around not only the Central neighborhood, but also the Metro Cleveland area.

Each “ride-off” begins at the Downtown YMCA, 2200 Prospect Avenue. So far, students involved have ridden their bikes to Cleveland landmarks such as Browns Stadium and the Rock & Roll Hall of Fame and Museum, in addition to exploring their own Central neighborhood.

“It ties into the Y's efforts to fight childhood obesity,” said Taylor of the summer program. “It is another chance for children to participate in physical activity.”

Taylor said the program is unique.

“It reaches children in their neighborhoods. It helps these children see that there is someone else in their world who cares about them. It gives them a positive influence in their lives... and that is so important for our youth today.”

As an extension of WRTC, it is part of a continuing slate of programs for kids Taylor continues to develop.

The We Run This City Youth Marathon Program is a collaboration between the YMCA of Greater Cleveland, the Cleveland Department of Public Health, the Cleveland Metropolitan School District, and the Rite Aid Cleveland Marathon.

The 14-week WRTC program strives to teach young people to set and achieve goals by preparing them to run in the Rite Aid Cleveland Marathon. But crossing the finish line is just the beginning - students leave the program with greater self-confidence and increased levels of fitness and endurance.

Ultimately, Taylor said she hopes to have a series of year-round programs for the inner city students.

“It's important that the kids see a positive role model in their lives and experience the demonstration of the Y's four core values of caring, respect, honesty and responsibility,” Taylor said.

Volunteer bike leaders in the program are Brandon Croucher, Fred LeBow, Bryant Taylor, Zaid Malik and Chuck Harris.



△ *Brandon Croucher, who works with inner city Cleveland students in the We Run This City Youth Marathon Program and the Central Bike Club (rear) looks on as bike club member Desmond Wallace adjusts the seat on his bike and Terrell Ivory watches.*

[The program] helps these children see that there is *someone* else in their world who *cares* about them.

Tara Taylor, WRTC Program Director





# social responsibility | promoting healthy living



At the Greater Cleveland YMCA those are more than concepts, more than buzzwords, more than part of a mission statement. They are words we live by, ideas we put into action, and concepts that impact the members of our community.

In 2010, the YMCA of Greater Cleveland, in collaboration with the Cleveland Clinic, Dave's Supermarkets, the City of Cleveland, Cuyahoga County, and the American Heart Association, set forth on a bold and daring venture – allow Cuyahoga County residents access to a YMCA of Greater Cleveland facility for three months, free of charge, in an effort to promote healthier living, encourage more active lifestyles, and draw attention to Cuyahoga County's escalating obesity rate.

The vehicle for this venture – the go!FIT program, which was designed to break down barriers to wellness for members of the community who had little or no experience exercising in a health and wellness facility.

The results were astounding. More than 25,000 Cuyahoga County residents pre-registered on the Cleveland Clinic's go!FIT website during the program's six-week registration period. Of those 25,000 registrants, more than 9,000 made their way into a Cuyahoga County branch of the YMCA of Greater Cleveland to enroll in the program. 7,000 completed a baseline assessment. Nearly 6,000 completed the three-month program, and of those 1,250 continued their go!FIT experience by signing on as full YMCA members.

The program required members to visit the YMCA and exercise at least three times per week, complete weekly self-assessments, and undergo a monthly assessment by YMCA

staff. Over the three-month period, more than 71 percent of the go!FIT participants lost weight, and YMCA of Greater Cleveland go!FIT participants lost an average of 4.26 pounds.

David Buckley of Broadview Heights joined the go!FIT program through the Ridgewood Family YMCA branch in Parma. He says he realized he had gotten out

of shape and needed to make some changes, so when his mother spotted the go!FIT advertisement in the paper, he went online

and researched the program. The no-cost three-month membership sealed the deal, and Buckley enrolled immediately.

"I knew I needed to do something but I didn't have the money to join," Buckley said. "The go!FIT program was perfect for me – I started right away even though I probably couldn't afford to join a gym."

His results speak for themselves. With the help of Ridgewood personal trainer Marie Lear, he lost 24 pounds during the go!FIT program, and has dropped another 20 pounds since continuing his YMCA membership for a total weight loss of 44 pounds. His doctor noted other health benefits – his cholesterol is down, his blood pressure is improving, and his doctor is planning to reduce his cholesterol medication.

"The staff is great and the program was great," Buckley said. "I can't say enough good things about it."

The go!FIT program was designed to *break down barriers* to wellness.





# youth development | promoting healthy living | fighting childhood obesity



Those are the focus of the We Run This City Youth Marathon Program. Created in collaboration with the Cleveland Department of Public Health, the Cleveland Metropolitan School District, Case Western Reserve University and the Rite Aid Cleveland Marathon, the program was designed to increase opportunities for physical activities and help guide and develop students from the Cleveland Metropolitan School District (CMSD) in the areas of setting and achieving goals, improving self-confidence and body image, and how to translate their efforts into other areas of their lives.

The We Run This City program runs for 14 weeks over the final two quarters of the school

We Run This City encourages youth to *set and achieve* health goals.

year, with students actively training to participate in the Rite Aid Cleveland Marathon in the 1.2 mile run, 10K race (6.2 miles) or a half-marathon (13.1 miles). Launched in 2006, the program has grown exponentially, starting with 81 participants initially, and

has grown to 2010's numbers of 583 runners recruited from 25 CMSD middle schools and two high schools.

The impact the program has had on thirteen-year-old Terrell Ivory and his family is remarkable. Ivory joined the Central Bike Club, a spin-off of the We Run This City Marathon program, even though he wasn't really into riding. He persevered, however, and started to see results. He expanded his activities to include participation in the learn-to-swim club, and under the guidance and encouragement of the We Run This City staff, Ivory began seeing improvements in his weight loss, energy levels and confidence, and from there the snowball began rolling. He started to seek out other ways to improve his health, asking staff members, "What else can I do to lose weight?"

Ivory began working out with the We Run This City staff at the Downtown YMCA branch, and at the staff's urging began to look at his diet. Armed with healthy recipes and ideas for healthy snacking his entire family got into the act and began focusing on healthier eating, highlighted by his mother cooking meals from healthy recipes. The results for Ivory and his whole family were impressive. He dropped 20 pounds, his mother began working out and walking with him through the Clevelanders in Motion program and his brother is also training to run a 10K race.

We Run This City is more than just a running club, more than just an after-school activity where kids train for a race. It's where the YMCA of Greater Cleveland helps develop youth; teaches good exercise habits; helps children learn how to set goals; and what it takes to achieve those goals.



## the euclid/hillcrest family-to-family collaborative



### *Wrap around services helps Cleveland family achieve unity.*

The entire McMiller family has been a tremendous success story about overcoming obstacles and working hard to achieve family unity.

The McMiller family was referred to The Euclid Collaborative by way of the Cuyahoga County Grandparent Kinship Program. Robert Pruitt, Senior Wrap Specialist, was assigned the case.

The immediate need of the family was emergency assistance for utilities, clothing and some other basics. Pam McMiller was awarded temporary custody of her grandchildren due to the inability of their biological mother to care for them.

Their biological father was working on a cruise ship at the time that the county became involved with the family. When the father found out about his children's situation, he took a leave of absence to come home and help his mother care for the children.

The Euclid Collaborative introduced wrap around services to the McMiller family. Through the collaborative the family was able to locate housing and additional sources of income. Ms. McMiller has also become a financial consultant with the help of a Euclid Family YMCA Board Member, Oakland Lewis.

The family received a full family scholarship to the YMCA which enabled them to participate in basketball, gymnastics, swimming and much more. Derrick, their father, also helped coach youth basketball.

The entire wrap around program took about 18 months and in the winter of 2009 the family graduated from the Euclid Collaborative services.

As of May 2010, Derrick established stable housing, found employment as a chef at the MELT Bar and Grill and has been awarded full custody of his children.

The McMiller family has been a spokesfamily for the collaborative and also the YMCA Annual Strong Kids Campaign.

After becoming a financial consultant, Pam was approached by collaborative staff in the fall of 2010 to teach a weekly financial management program to other collaborative clients. She was able to give a personal testimony to other wrap around families about her struggles and successes and what she has done in her life to become self-sufficient.

△ *Members of the McMiller Family have benefited through their association with the Euclid/Hillcrest Family-to-Family Collaborative.*



△ From left are Derriona James (in red plaid jacket); Courtney Nicolai, (black blazer, yellow top); Robert Pruitt (in dark suit); Pamela McMiller (seated in print top); Christopher Anderson (standing at right center of photo with gray hooded sweatshirt); Dequan Williams (standing in back row); Derrick Williams (in green shirt); Dinaya Williams (wearing black top and standing front); Derrick Anderson, seated, holding Riaja Williams (wearing hot pink jacket).



# 2010 Donor Recognition

Individual contributions, grants and sponsorships received in 2010 enabled the YMCA of Greater Cleveland to provide scholarships and subsidized programs to nearly 4,000 individuals who otherwise would not have been able to participate. These donations have made a profound difference in the lives of those we serve in the community as the need for assistance continues to increase. The following lists contain the names of loyal donors of the YMCA of Greater Cleveland. Thank you for your continued support. With your help, the YMCA will continue to develop youth, promote healthy living, and remain socially responsible.

## Chairman's Round table

### Platinum Plus Founder

(\$100,000 and above)

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Cheesecake Factory  
Chocolate Emporium  
Michael Christopher Salon  
Citizens Bank  
Civilization Coffee House  
Claddaugh Irish Pub  
Classy Divas  
Jonathan Clemente  
Cleveland Botanical Gardens  
Cleveland Browns  
Cleveland Cavaliers  
Cleveland Cinemas  
Cleveland Indians  
Cleveland International Film Festival  
Cleveland Metroparks  
Cleveland Metroparks Zoo  
Cleveland Orchestra  
Cleveland Playhouse  
Cleveland West Road Runners  
Clifford Norton Studio  
Clifton Cleaners  
Coats for Kids  
Bruce Conforti  
Conrad's Tire Express & Total Car Care  
and Uniroyal Tire  
Convenient Food Store  
Cookies By Design  
Corky and Lenny's  
Costco  
Cousin's Cigars  
Craig R Shimizu, D.D.S.  
Cuyahoga Chiropractic, Jessica Shelley, DC  
Cuyahoga Metropolitan Housing Authority  
CVS Pharmacy  
Dairymens  
Dante Lucci Salon

David and Daniel Hairdressers  
DCParts.Com  
DeJohn, Flynn, Mylott Funeral Home  
Dr. Joseph DeLibero, D.D.S.  
Deluxe Barbershop  
DeRose Modern Image  
Wayne Desdimone  
Designer's Touch  
Designs by Arielle and Pamela  
Details Accessory Gallery  
Details Salon  
Dewey's Coffee  
Dewey's Pizza  
Diana's Deli and Restaurant  
DiCicco & Sons Funeral Home  
Dick's Sporting Goods  
Dodd Camera  
Bonnie Dolan  
Domino's Pizza  
Don's Lighthouse  
Doubletree Cleveland  
DSP Solutions  
Dunn Hardware  
Amy and Court Durkalski  
Einstein Brothers Bagels  
City of Euclid City Council  
Euclid PPG  
Exceleration, Inc  
Executive Caterers  
Fairmount Letters  
Fairview Lanes  
Mario Fazio's  
Federal Metal Company  
Fifth Third Bank  
Fire Food and Drink  
First American Loans  
First Watch  
Fisher's Tavern  
FIT Technologies  
Five Guys Burgers  
Flemings Prime Steakhouse and Wine Bar  
Fowler's Mill Golf Course  
The Fresh Market  
Full Circle Studio  
Renee Geiger  
Geiger's Clothing and Sports

General Mills  
Geode Gallery  
Giant Eagle  
Gino's Trophies  
Marc Glassman  
Tim Glicker  
Glow Tan & Spa  
Golf Dome  
Marcie Goodman,  
Cleveland International Film Festival  
The H2O Group  
Hairways  
Hamilton Insurors, Inc.  
Harry Buffalo  
Margo Harwood  
Heinen's  
Hermes  
Herwell Design, Print & Marketing  
Services, LLC  
Todd Hicks  
Hillard Lakes Golf Course  
Home Depot – Brooklyn and  
Maple Heights Stores  
Hurricane Labs  
IBM  
Bob Ikovic  
Indiana Wesleyan University  
Intercontinental Hotel and  
Conference Center  
Irrigation Supply, Inc.  
Cherryle Irwin  
Italian Creations  
Jack's Deli and Restaurant  
Jewelry by Tommy  
John O's  
John Roberts Spa  
Mr. and Mrs. Paul Johnson  
Brian Jones Gallery  
Edward Jones  
Chip Joseph  
Joss-Eaton Collection  
Kadish, Hinkel & Weibel  
Bill and Marianne Kermavner  
Gene Kilbourne  
Kilgore Trout  
Sam Kincaid  
Kinetic Quality Water Systems

\*Denotes that the donor is deceased.



Dick Kleinman  
Kutash & Associates  
Ladies and Gentleman Salon and Spa  
Lake County Captains  
Lake Erie Crushers  
Lakewood Physical Therapy  
Latitude 41n  
James Laudato  
Lori Leavitt Collection  
Laura Lee Salon  
Liz Legler and Beth Czenkner  
Les Levine  
Light Bistro  
Lingg Gallery  
The Links  
Liquid Plant  
Little Mountain Country Club  
Locksmith Hair Studio  
Lola's Restaurant  
Susie Loparo  
Lopez Restaurant  
L'Oreal USA  
Lowe's- Bedford Heights Store  
Lubrizol  
Ken Lurie  
Lush  
Lyndhurst Florist  
Mack Vault Company  
Maggiano's Little Italy  
Mahattan West Deli & Restaurant  
Malley's Chocolates  
Bruce and Rita Mandel  
Marc's  
Margaret Margolis  
Maria's Executive Barbershop  
Maria's Too Salon  
Marriott - Key Center  
Marshall Capital One Rug Gallery  
Rachele Massey  
Mayfield Sand Ridge Club  
McDonald's  
Molly McGhee's Sports Pub  
McNulty's Pub  
Melt Bar and Grilled  
The Melting Pot  
Messenger Distributor

Dr. Paul Mikhli  
Minota's Trophies  
Mitchell's Ice Cream  
Modern Image Hairstyle  
Carol Moore  
Heather Moore  
Morelli's Automotive  
Morton's The Steakhouse  
MotoPhoto and Portrait Studio  
Moxie Restaurant  
Muldoon Landscaping Company, Inc.  
Muldoon's Saloon and Eatery  
Barb Mullet  
Arthur Murray Dance Studios  
My Song Boutique  
Leslye Mylott  
N.I.C.O Enterprises  
Nails and Company  
New Dimensions Hair Design  
Bill Newberry  
Ken and Carol Nicolai  
Noble Farms  
Normandy Catering  
City of North Royalton  
Northern Haserot  
Nuevo Acapulco  
Office Max  
On the Rise Artisan Breads and Pastries  
Diane Oriani- Huntington Bank  
Orlano Baking Company  
Outback Steak House  
Pacers  
Paladar Restaurant  
Parker Skin and Aesthetic Clinic  
Al Paul Auto Wash  
Steven Pearse  
Pennello Gallery  
PepperMint Café  
Colleen Pepple  
Gerri Petecca  
Shauna Peters  
LeRoy Peterson  
Jim Petras  
Sandy Philipson  
Pier W  
J. Pistone

Pizzazz  
Play It Again Sports  
PPG  
Primo Vino Restaurant  
Promotional Capital, LLC  
Quail Hollow  
Quintana's Barber & Dream Spa  
RAD's and More  
Red Maple Inn Bed and Breakfast  
Red Seal Electric Company  
Renaissance Cleveland Hotel  
RG Barber Consultants, CPA'S  
Eric Rhodes  
Richard and Carla for Hair  
Rider's Inn  
Rite Aid Cleveland Marathon  
Robek's  
Robin's Candy Kitchen  
Rock and Roll Hall of Fame  
Laurie Rokakis and Tina Shafer  
Roly Poly  
Rotary Club of Hillcrest  
Rozi's Wine  
Runyon & Sons Roofing  
Dick Russ, WKYC  
Syiedah Saahir-Bowles  
Saks Fifth Avenue  
Charles Sanders  
Saucy Bistro  
Dr. Michael Schloss, D.D.S.  
Linda Schulman  
Schulte, Mahon-Murphy Funeral Home  
Second Sole  
Mr. and Mrs. Jeff Seiler  
Shaker Square Antiques  
Sharon's Hair Design & Spa  
Sheraton Suites- Akron / Cuyahoga Falls  
Sherwin Williams  
Faye Sholiton  
Marsha Siciliano  
SIMS Buick GMC  
Deb Smith  
Mike Smith  
Barbara Smoloff  
Spin Bike Shop  
Spirit of Leadership

Starbucks  
Dr. and Mrs. Kim Stearns  
Steffens Nurserymen  
Steve Barry Buick  
Stir Crazy  
Dave Stone  
Strang Corporation  
Marcus Stratton  
Stroller Mama  
Studio MZ  
Studio Taylor  
Subway  
Sunrise Sunset Documentaries  
Sweat Threads at Eaton  
Sweet Designs Chocolatier  
Taco Bell  
Terry Tarantino  
Taza Lebanese Grill  
Adrienne Tedeschi  
Mark S. Telich, Attorney at Law  
Tie Pro, Inc.  
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Tommy's Coventry Village  
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Toys for Tots  
Truline Industries  
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M. Lee Van Horn  
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Veronique  
Vicchiarelli Funeral Home  
Vicinato Pizzeria  
Dr. Allison Vidimos  
Vienna Distributing Company of Ohio  
Vivid Turf Ornamentals  
Voodoo Monkey Tatoo  
Walgreens  
Walmart  
Rick Ward  
Warehouse Beverage  
Gail and Ed Weintraub  
Dr. Ira Weiss, D.D.S.  
Wendy's

Whole Foods Market  
Sue Wiedemer  
Charlotte P. Wilson  
Chuck Wimmer, Loftprints  
Winking Lizard, Main Office  
Dr. Arthur Wohlfelder, Lyndhurst  
Animal Clinic  
Wood Dimensions  
The Wooded Trader  
Wyndham Cleveland Hotel  
Yours Truly Restaurant  
Zinnias Design Studio

## Endowed Funds

Gifts to the YMCA Endowment Fund make possible the ongoing work of the YMCA for generations to come. We wish to acknowledge those individuals and families who have established a legacy of commitment to the YMCA through the establishment of a named fund.

Helen A. Abell Memorial Fund  
J. Ambrose and Jessie Wheeler  
Purcell Memorial Fund  
Grant T. and Violet Apthorp Fund  
Walter C. Baker Fund  
Marie G. Barkley Fund  
Charles Baxter Memorial Fund  
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Thomas L.E. Blum Fund  
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Ken Byrum Memorial Fund  
Lula R. Cannon – Mechanical Training Fund  
Rev. Robert W. Clark Endowment Fund  
Claude E. and Celia S. Clarke Fund  
Harriet P. Clarke Fund  
Joseph Coy Memorial Fund  
M.D. Crackle Fund  
William E. Crofut Jr. Fund  
J. Richard Crosby Memorial Fund  
Nathan L. Dauby Fund  
Alton Davis Fund  
Brian Deininger Memorial Fund  
William Dutton Memorial Fund  
East Cleveland Picnic Fund

Wm. J. Easton Memorial Fund  
Lois and Richard Finucane  
Fisher Dining Hall Fund  
George B. Flick Memorial Fund  
Robert J. Frackelton Scholarship Fund  
E. Miller France Memorial Fund  
Roger Gifford Memorial Fund  
Chester K. Gillespie Fund  
Jack Green Memorial Fund  
James Hamilton Memorial Fund  
Douglas P. Handyside Memorial Funds  
Edgar and Frank Hanes Fund  
Tom Harrison Memorial Fund  
Howard Jackman Memorial Fund  
Kenneth C. Jameson Campership Fund  
Earle L. Jenkins Camp Scholarship Fund  
Charles and Susan Kane Fund  
Sheldon Q. Kerruish Fund  
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Dr. Frank Rack Endowment Fund  
Alfred M. and Clara T. Rankin Fund  
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 Howard Thompson  
 John J. and Alberta J. Tomick  
 Endowed Scholarship Fund  
 Paul and Kathleen Tomick  
 Howard Van Den Eynden Fund  
 John E. Wade Fund  
 Beatrice Cushman Waugh Fund

## Capital Campaigns

Thank you to the dedicated capital campaign supporters of the French Creek, North Royalton, and Warrensville Heights Family YMCA's. Through your support we are able to expand our mission work into new communities as we continue to build strong kids, strong families, and strong communities.

### French Creek Family YMCA

G. (Jerry) Amato  
 Paul and Ankie Amos  
 Philip J. Amos  
 City of Avon  
 Todd Baumgartner  
 Michael and Nicole Bracken  
 Bramhall Engineering and Surveying Co., Inc.  
 Carroll Manufacturing and Sales  
 Joe and Marsha Cerny  
 Cleveland Clinic Lorain Institute  
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 Timothy Doane  
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 Rick and Sheri Terens  
 The Turco Foundation  
 Keith Williams

### North Royalton Family YMCA

Larry Antoskiewicz  
 Pasquale Dimassa  
 Friends of Vincent Gentile  
 Paul and Lisa Martin  
 Judy Mileti / Distinctive Eyewear  
 John T. Nickell  
 Parma Community General Hospital  
 Jeff and Kristene Paulus  
 Quaker Logistics Incorporated  
 George and Patricia Simmons  
 Kriste Smith  
 Mayor Robert Stefanik  
 Stefan and Valerie Winkler

### Warrensville Heights Family YMCA

Infinity Construction

The YMCA of Greater Cleveland makes every effort to recognize our generous donors. Should you have questions about your gift, please contact our Financial Development Office at (216) 263-6858.

## Legacy society

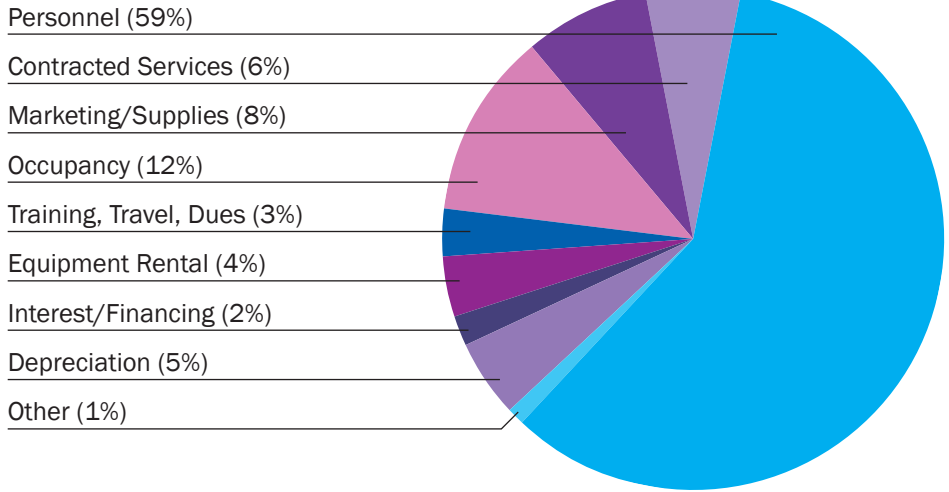
The Legacy Society is a special group of men and women who believe in the mission and tradition of the YMCA. We gratefully acknowledge these thoughtful individuals who, through their planned and estate gifts and bequests, have pledged to ensure that the YMCA Legacy continues for future generations. A commitment to Legacy Society membership is the greatest statement of support to the mission of the YMCA.

If you are interested in naming the YMCA in your will, or for information on planned giving opportunities, please call the Financial Development Department at (216) 263-6844.

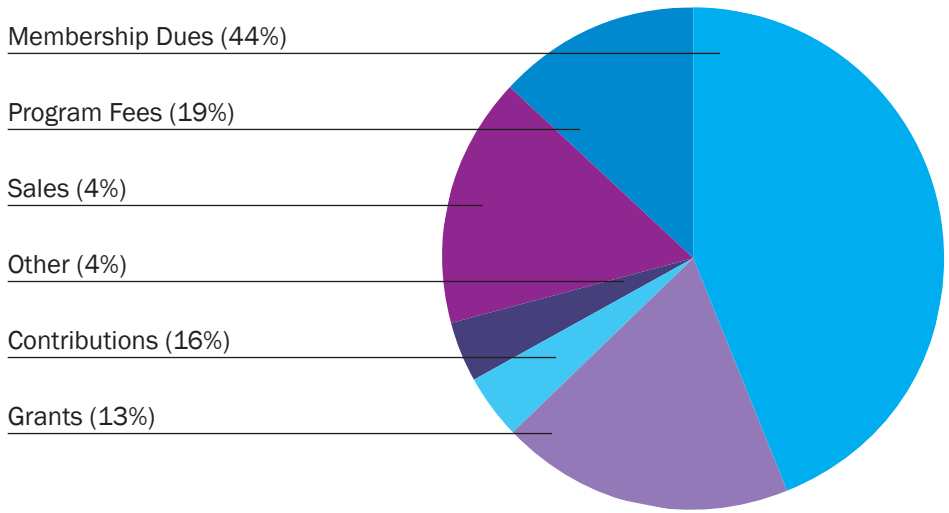
\*George and \*Virginia Bodwell  
 \*Louise Davis  
 \*Mary Dickey  
 James Duncan  
 \*Velma Futrall  
 \*Lewis E. Glezen  
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 Ambassador Holsey Gates Handyside  
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 James and Dorothy Lochridge  
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 \*John Varga  
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 \*Frank S. Whitcomb  
 Don Wilkinson  
 A. Carter and Genevieve Wilmot  
 \*Josephine and \*John Wootton

# 2010 Financial Overview

## 2010 Expenses

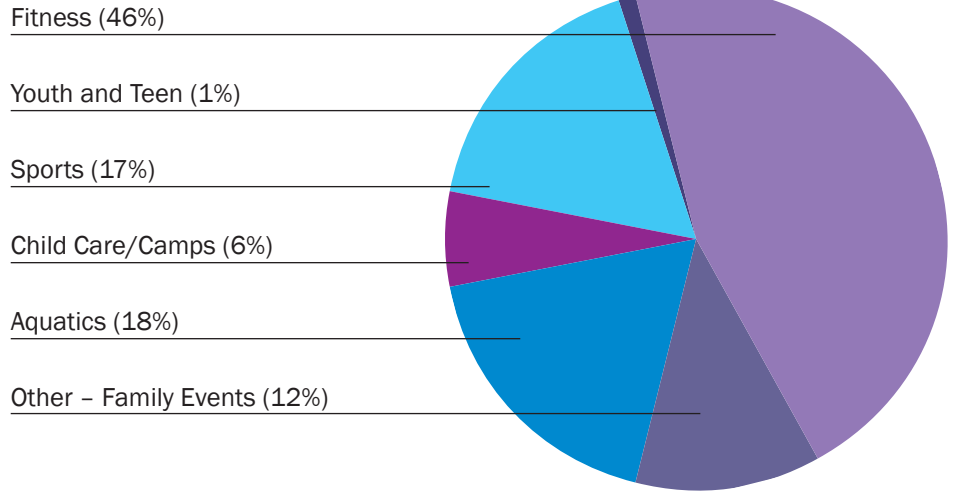


## 2010 Revenue

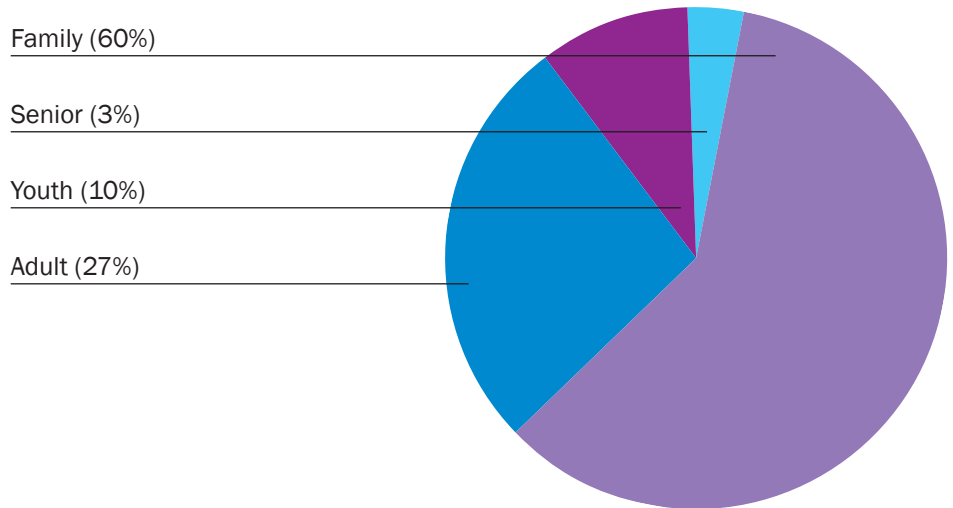




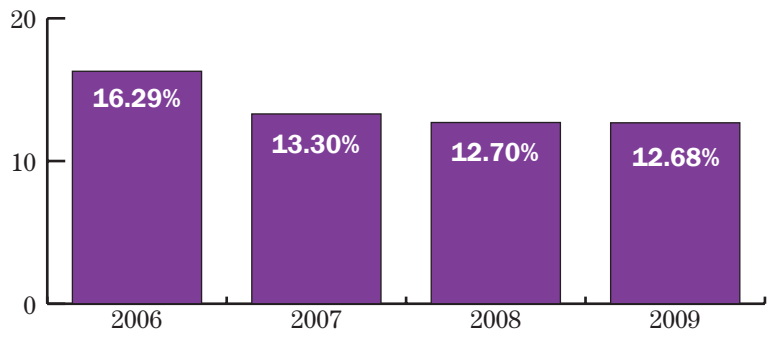
### 2010 Core services Participants



### 2010 Association-wide Member ship



### Administrative Cost trend



## Branch Locations

### Association Office

YMCA of Greater Cleveland  
2200 Prospect Avenue, E.  
Suite 900  
Cleveland, Ohio 44115-2697  
(216) 344-0095

### Community Youth services

YMCA of Greater Cleveland  
2200 Prospect Avenue, E.  
Cleveland, Ohio 44115-2697

### Downtown YMCA

Malik Moore, *Branch Director*  
2200 Prospect Ave., E.  
Cleveland, Ohio 44115-2697  
(216) 344-7700

### DOWNTOWN ADVISORY BOARD

Rick Weigle, *Chair*  
Brian Bulson  
Carole S. Cox  
Andrew Cox  
Marcelle Hood  
Patrick Kenney  
James Milan  
Bryan Saksa  
Raymond Weeden

### Euclid Family YMCA

John Reid, *Branch Director*  
631 Babbitt Road  
Euclid, Ohio 44123  
(216) 731-7454

### EUCLID ADVISORY BOARD

Willie Brown, *Chair*  
Norma Bean  
Paul Dietrich  
Angela Flowers  
Brian Iorio  
Eric Johnson  
Rich Lea  
Oakland Lewis  
Brian Moore  
Joyce Vazquez

### French Creek Family YMCA

Joseph Cerny, *Executive Director*  
2010 Recreation Lane  
Avon, Ohio 44011  
(440) 934-9622

### FRENCH CREEK ADVISORY BOARD

Anthony Gallo, *Chair*  
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Zachary Arnold  
Michael Bracken  
Chris Carroll  
Angela Fielding  
Randall Fortin  
Ryan Gates  
Michael Herrick  
Kim Krall  
Gregory Lucht  
Mark McVey  
Robert Palmer  
Scott Sauter  
Lori Switaj  
Vikki Wearsch  
Keith Williams

### Geauga Family YMCA

Deborah Johnson, *Executive Director*  
12460 Bass Lake Road  
Chardon, Ohio 44024  
(440) 285-7543

### GEAUGA ADVISORY BOARD

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Tom Benda  
Michael Brady  
Mark Davis  
Richard Frenchie  
Todd Hicks  
Gerald Hornick  
Barbara Inderlied  
Brett Mancino  
Thomas Massey  
Emily McCartney  
Diane Oriani  
Mary Ray  
Dominic Velotta  
Thomas Wadsworth

### Hillcrest Family YMCA

Jeff Jacko, *Branch Director*  
5000 Mayfield Road  
Lyndhurst, Ohio 44124  
(216) 382-4300

### HILLCREST ADVISORY BOARD

David Mayher, *Chair*  
Jeanne Chaney  
Karen Conaway  
Lou Fatica  
Norma Guice  
Eugene Lyons  
John Maslar  
Lorraine Muldoon  
James Mylen  
Sarah Nice  
Lisa Voleski  
Glen Westlund  
Shermelle Wilson

### Lakewood Family YMCA

Maurice L. Horsey III, *Chief Operating Officer and Executive Director*  
16915 Detroit Road  
Lakewood, Ohio 44107  
(216) 621-8400

### LAKEWOOD ADVISORY BOARD

George Bucur, *Chair*  
Kelly Barnett  
Aaron Burkart  
Stephanie Caldwell  
Bill Call  
Angelo Coutris  
Maureen Duffy  
Charity Ewanko  
Joseph Haddad  
Kaprice Holloway  
Damian Johnson  
Nathan Kelly  
David Kotnik  
Anne Kuenzel  
Michael McNutt  
Matthew Nee  
Ryan Nowlin  
Mary Helen Petrus

Kimberly Pustulka  
Ann Spence  
Kate Spirgen  
Anthony Stringer  
Philip Tomsik, MD  
Jennifer Trudel

**Ridgewood Family YMCA**

Gary Guzy, *Branch Director*  
6840 Ridge Road  
Parma, Ohio 44129  
(440) 842-5200

**Ridgewood Y Express**

Gary Guzy, *Branch Director*  
Parmatown Mall  
7928 Day Drive  
Parma, Ohio 44129  
(440) 887-0430

**RIDGEWOOD ADVISORY BOARD**

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Cindy Bielak  
David Covell  
John DeRosa  
Shawn Kata  
Sean Nicklos  
Todd Rasmus  
Frank Russo  
Kristie Smith  
Gail Swiger  
Steven Tuttle

**southeast Family YMCA**

Ian Roberts,  
*Associate Branch Director*  
460 Northfield Road  
Bedford, Ohio 44146  
(216) 663-7522

**SOUTHEAST ADVISORY BOARD**

Walter Tresville III, *Chair*  
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Adrienne Love  
Deborah Lynch  
Martha Motsco  
Ruby Nelson

Leroy Peterson  
Warren Richardson  
Sharon Scott  
Rommel Upshur  
Carol Upshur  
Howie Vactor  
John Wren  
Scott Yackmack

**West Park-Fairview Family YMCA**

Monic Hill, *Branch Director*  
15501 Lorain Road  
Cleveland, Ohio 44111  
(216) 941-5410

**WEST PARK-FAIRVIEW  
ADVISORY BOARD**

Steve Lorenz, *Chair*  
Everett Ashford  
Natalie Badillo  
Peter Barrett  
Patrick Bush  
Meghan Estes  
Susan Favorite  
Dann Ghramm  
Chuck Grossman  
Martin Keane  
Elizabeth Legler  
Frank Longley II  
Adam Miller  
James Miller  
Dr. Casey O'Connor  
George Pofok  
Pat Sharkey  
Abbey Wilcox-Samide

**West shore Family YMCA**

Christopher Mehling,  
*Branch Director*  
1575 Columbia Road  
Westlake, Ohio 44145  
(440) 871-6885

**WEST SHORE ADVISORY BOARD**

Matthew Arnold, *Chair*  
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Juliane Dillemath  
John Flanagan

Patrick Garmone  
Angie Hofelich  
Jim Knapp  
Jennifer Magel  
Rodrigo Marques  
Patrick Tate

**Y-Haven**

Chip Joseph, *Executive Director*  
6001 Woodland Avenue  
Cleveland, Ohio 44104  
(216) 431-2018

**Y-HAVEN ADVISORY BOARD**

James Wolf, *Chair*  
Bruce Bell  
Bruce Bogart  
Deborah Bridwell  
Charles Brown  
Mark Buxton  
Robert Calsin  
Rosemary Creeden  
Elsie Day  
Cindy Duber  
Richard Fien  
Carolyn Friedland  
Beverly Israel  
Elizabeth Littman  
Susan Loparo  
Warren Lott  
Ken Lurie  
Margie Reimer  
Dick Russ  
Kate Ryan

## *mission*

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

## *vision*

To be the premier community-based, charitable organization that embraces collaborations to build strong kids, strong families and strong communities.

## *values*

The character development core values of caring, honesty, respect and responsibility will guide all our interactions and decisions.

YMCA of Greater Cleveland  
2200 Prospect Avenue, Suite 900  
Cleveland, OH 44115

[www.clevelandymca.org](http://www.clevelandymca.org)